



Australian Association for  
Infant Mental Health Inc.

## **New South Wales branch annual report for the 2018 National Annual General Meeting**

### **NSW branch committee meetings**

#### ***Committee members***

Kerry-Ann Grant (President), Trish Glossop (Vice President), Martha Birch (Secretary), Marianne Nicholson (Treasurer), Jenny Rankine, Shelley Reid and Beulah Warren.

In addition, we were pleased to welcome a new committee member, Gurpreet Kaur.

And we sincerely thank and farewell two outgoing committee members; Charlie Griffiths and Lisiane La Touche.

Committee meetings were held monthly, alternating between face-to-face meetings and meetings conducted via web conferencing.

### **NSW branch activity plan**

#### ***Educate members and other professionals who work with infants and their families***

Seminars in regional areas

- Regional seminar prepared and presented by committee members (Martha Birch, Patricia Glossop and Kerry-Ann Grant) was held in Tamworth in November. The seminar was well attended (50+ registrants) and received extremely positive feedback
- The two-day seminar covered a range of topics of relevance to members and other professionals working in the field. Topics included brain development, attachment theory, trauma, working with families, and interventions. A highlight of day two was the opportunity for attendees to present case material in a small group context, with supervision and discussion facilitated by our team
- Building on the success of the regional seminars, the committee plans to deliver further seminars in 2018 and 2019. The next will be presented in Wellington on 9<sup>th</sup> November 2018

International speaker

NSW branch welcomed Nancy Suchman to Sydney on 5 September. Nancy's engaging presentation was enjoyed by 35 delegates from Sydney and surrounding areas. The presentation was recorded and will be made available (for a fee) for professional development and / or training purposes.

#### ***NBAS training***

We were unable to offer NBAS training this year due to difficulties in recruiting suitable mothers and infants to participate in the demonstrations.

#### ***Initiatives in education and training***

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WORLD ASSOCIATION FOR  
INFANT MENTAL HEALTH

- We are continuing to offer member rates for registrations at regional seminars to Aboriginal workers whether members or not. We also offer two free memberships at each regional seminar, one of them to an Aboriginal worker
- Following the receipt of a generous donation, education scholarships will be reinstated for 2018-2019. Five scholarships of up to \$600 will be available to health professionals who are working, or studying, in full or part-time positions, in the NSW Health public or private systems, to develop and further their knowledge in Perinatal and Infant Mental Health

#### ***Advocate in the interests of infant mental health***

- Kerry-Ann Grant and Trish Glossop attended the National Women's Health Summit held on 2 March 2018 in Sydney
- Trish Glossop attended the Australian Early Childhood Aboriginal Conference held on 26 June in Liverpool
- Jenny Rankine is conducting a review of the AAIMHI position statement on controlled crying
- Beulah Warren is chairing the infant mental health competency guidelines committee

#### ***Develop professional competencies, standards and recognition***

- NSW branch will refer to the AAIMHI WA Competency Guidelines

#### ***Enhance good governance***

##### Strategic Planning

- NSW branch supports the move to a company limited by guarantee under the Corporations Act.

##### Communication Strategy/re-branding/Website

- NSW branch has developed a pull-up banner for use at national events

#### **Treasurer's Report**

Westpac cheque account currently has \$20,176 in funds. Our funds were supplemented by a generous donation of \$10,000 received from an individual benefactor in 2017-2018.

#### **Membership Report**

Currently 48 members have renewed or recently joined.

Kerry-Ann Grant PhD  
20 September 2018