



Australian Association for
Infant Mental Health

Strategic Plan 2021 - 2024

Vision

The needs of every infant and young child from before birth to age three are prioritised and addressed in a timely and responsive way to enhance their relationships and their mental health and wellbeing.

Mission

Our Mission is to work for all infants and young children from pre birth to age three to ensure their social, emotional and developmental needs are met through stable and nurturing relationships within their family, culture and communities.

In order to achieve our Mission, AIMH will:

Strategic Priority	Activities
1. Advocate and collaborate for all infants and young children through improving professional and public recognition within relevant networks	Perform activities to celebrate International Infant Mental Health Awareness Week Join with Aboriginal and Torres Strait Islander organisations and professionals to advocate for the needs of First Nations infants and their families Provide resources for caregivers and families Identify and link to relevant networks, including liaising with affiliated international colleagues Develop a National Advocacy Agenda that includes state as well as national priorities Provide information to members



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Strategic Priority	Activities
<p>2. Increase the capacity of those directly involved in developing or advocating for policy or services that provide support to infants and young children through provision of education, professional development and the dissemination of scientific knowledge. *</p>	<p>Generate and update position statements</p> <p>Deliver a biannual National Conference</p> <p>Develop a Media/Social Media presence to disseminate scientific knowledge, position statements</p> <ul style="list-style-type: none">• Investigate development of podcast framework and delivery• Training opportunities: access to trainers & supervision <p>Deliver a biannual Speaker Tour</p> <p>Develop mentoring opportunities for members</p> <p>Support AAIMH members to seek out opportunities to join relevant advisory and working groups that inform policy and workforce development planning</p> <p>Support AAIMH members to contribute to feedback rounds during the development of national frameworks and strategies that impact on infancy and families; membership to be provided with submission templates they can adapt</p> <p>Provide scholarships to support attendance at professional development events</p>



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<p>3. Educate, inform and support professionals to implement evidence informed professional competencies and standards in infant mental health.</p>	<p>Develop a plan to support the implementation of competency frameworks for members and organisations</p>
<p>4. Reviewing and enhancing good governance</p>	<p>Annual governance training for Board and Committees Yearly review of governance and processes Register of governance issues arising during Board and Branch Committee meetings Growing and supporting membership diversity (e.g. through scholarships and free membership) Develop and implement an ongoing framework to seek and incorporate member feedback Establish a framework to ensure community and stakeholder input</p>

* Professionals include early years educators, child health nurses and other large groups of professionals who have the opportunity to assess and intervene with infants.