



Australian Association
for Infant Mental Health
Tasmanian Branch

AAIMH

Invites you to the

Official Launch of the Tasmanian Branch

Dinner event featuring

Ms Leanne McLean,
Commissioner for Children & Young People

Key Note Speaker

Professor Louise Newman AM

Prof Louise Newman is professor of Psychiatry at the University of Melbourne and Director, Centre for Women's Mental Health at the Royal Women's Hospital in Melbourne. Louise is an internationally renowned infant mental health specialist. She is the co-author of the widely used and highly regarded text *Clinical Skills in Infant Mental Health: the First Three Years*. She has developed the intervention **Parenting with Feeling** and leads the **Building Early Attachment Resilience (BEAR) program** in Victoria.

The Impact of Early Relational Trauma: Infant Mental Health Interventions for Infants at Risk

DATE: Thursday 7th November, 2019

6.30pm arrival and welcome

**VENUE: The Old Woolstore Hotel, Merino Room
1 Macquarie Street, Hobart**

**COST: \$30 for AAIMH members (and those who recently
applied for membership)**

\$60 for all other attendees

**- Fee includes welcome drink, two-course dinner, plus tea
or coffee.**

For further information, please contact:

Caroline Diamond, President AAIMH TAS Branch

Tel: 6166-0588

Email: info-tas@aaimhi.org

The Impact of Early Relational Trauma : Infant Mental health Interventions for Infants at Risk

*Professor Louise Newman AM
Royal Women's Hospital, University of Melbourne*

Infants are dependent on the quality of emotional interaction and regulation provided by parents and carers for healthy psychosocial and neurological development. Pre-programmed for social connection and seeking of relationships the infant is highly sensitive to emotional communications and the availability of a containing relationship is essential for the unfolding of developmental processes.

Parents with a range of risk factors for early relationship and interactional difficulties may be highly traumatising for the infant and inadvertently establish patterns of anxiety producing, inconsistent and confusing interactions associated with attachment disorganisation. Vulnerable parents include those with histories of unresolved early attachment related trauma in their own lives, those with ongoing relationship difficulties and a range of mental health issues such as depression, anxiety and complex posttraumatic stress disorder.

Infant mental health clinicians have a central role in identification and responding to early signs of trauma in infancy and intervening to improve relationship quality and the parent's capacity to understand the emotional needs and experience of the infant. Interventions include approaches to improving the parent's capacity to read and process infant social communication, as well as work with parents to improve reflective capacity and infant understanding. The BEAR model (Building Early Attachment and Resilience) at the Royal Women's Hospital is a group intervention using these principles for high risk parents and infants. Video examples will be used to describe the programme and approach.

Program

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|---------|---------------------------------------------------------------------------------------------------|
| 6.30 pm | Arrival and Welcome officiated by
- Ms Leanne McLean, Commissioner for Children & Young People |
| 6.45pm | Entrée served |
| 7.00pm | Presentation from Key Note Speaker
- Professor Louise Newman AM |
| 8.00pm | Main course served |
| 8.30pm | Tea & coffee served |
| 9.00pm | Event concludes |



Australian Association
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Tasmanian Branch

AAIMH

Registration for AAIMH TAS Launch Dinner Event
Professor Louise Newman– 7th November 2019

Name:

Organisation:

Address:

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Phone:

E-mail:

Please outline any special dietary requirements:

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Australian Association for Infant Mental Health Membership:

- Yes, I am a current AAIMH member.
- I recently applied to be a AAIMH member (qualifies for \$30 event fee).
- No, I am not a current AAIMH member.

Would you like to join AAIMH? For information about how to join and the benefits of membership, go to www.aaimhi.org/how-to-join/

Payment:

Payment for the dinner event is required in advance. Please make payments via electronic transfer to:

Account Name: Australian Association for Infant Mental Health Limited
BSB: 017-010 **Acct No.:** 473260961
and reference **DINNER EVENT**

Please forward this form to:

Caroline Diamond by
COB Monday, 28th October 2019

via e-mail: info-tas@aaimhi.org