



Australian Association for  
Infant Mental Health Inc.

## AAIMHI 2018 National Speaker Tour South Australian Branch Seminar

### **MOTHERING FROM THE INSIDE OUT: A Mentalisation Based Therapy for Mothers in Addiction Treatment** Associate Professor Nancy Suchman, Yale University

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**DATE:** Friday 7<sup>th</sup> September 2018  
**TIME:** 9.00AM-5.00PM  
**VENUE:** Next Generation, War Memorial Drive, North  
Adelaide

#### **ABOUT THE PRESENTER**

Nancy Suchman, Ph.D. is a licensed Clinical Psychologist and Associate Professor of Psychology at Yale University School of Medicine in the Department of Psychiatry and the Yale Child Study Centre. For over 20 years, funded by the National Institutes of Health, she has been developing and evaluating parenting interventions for mothers with substance use and psychiatric disorders who are caring for young children. Her research is grounded in attachment-based approaches and informed by the unique neurobiological, psychological and social implications of addiction and mental illness for parenting. Dr Suchman is also a graduate of the Western New England Psychoanalytic Society's 2-year training program in Psychodynamic Psychotherapy. She has conducted presentations and workshops in the United States and internationally in Canada, Finland, and South Africa.



#### **ABOUT THE SEMINAR:**

Parents with substance abuse disorders and mental illness face unique challenges as parents that may not be addressed by parenting programs available in the community. *Mothering from the Inside Out (MIO)* is an evidence-based intervention for mothers with addiction and mental health problems. MIO is grounded in attachment theory and takes into account the unique neurobiological, psychological and sociocultural implications of addiction and mental illness for parenting young children. In this one day workshop, participants will learn about (a) theoretical and empirical foundations on which MIO is based, (b) MIO intervention principles and strategies, (c) assessment methods used to evaluate MIO's efficacy, and the latest research findings on MIO's efficacy. Participants will also have the opportunity to view video excerpts from MIO assessments and treatment sessions and to learn and practice MIO therapeutic techniques.

Australian Association for Infant Mental Health (SA Branch)  
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Affiliated with the



WORLD ASSOCIATION FOR  
INFANT MENTAL HEALTH

# TAX INVOICE

ABN: 93 045 030 281

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Organisation \_\_\_\_\_

Address: \_\_\_\_\_

Tel No: \_\_\_\_\_ Email: \_\_\_\_\_

Special Dietary Requirements \_\_\_\_\_

Have you attended an AAIMHI event before? \_\_\_\_\_

## REGISTRATION FEES (Including Lunch)

Friday 7<sup>th</sup> September 2018

Mothering from the Inside Out

**A Mentalisation-Based Therapy for Mothers in Addiction Treatment  
with Nancy Suchman**

NON AAIMHI MEMBER	
Early Bird Up to 10 <sup>th</sup> August 2018	\$240 (inc \$21.82. GST)
Full Registration From 11 <sup>th</sup> August 2018	\$280 (inc \$25.45 GST)

AAIMHI MEMBER (at time of registration)	
Early Bird Up to 10 <sup>th</sup> August 2018	\$200 (inc \$18.18 GST)
Full Registration From 11 <sup>th</sup> August 2018	\$230 (inc \$20.91 GST)

## REGISTRATIONS CLOSE Friday 31<sup>st</sup> August 2018

Enquiries re payment and/or registration Thomas Luke on 0430 647 840 or email [aaimhi@gmail.com](mailto:aaimhi@gmail.com)

Enquiries re training: Sally Watson [monte@ace.net.au](mailto:monte@ace.net.au)

### PAYMENT DETAILS (Please tick one)

- Money Order
- Cheque attached Payable to AAIMHI SA
- Pay online at [www.dramatix.com.au](http://www.dramatix.com.au) (scroll down webpage until you find AAIMHI Logo with 7<sup>th</sup> September)
- Bank Transfer BSB 105-148 Account Number: 020405040 (Please identify with **your surname and Nancy Suchman**).

Ensure that if paying via dramatix that a copy of this form is sent to AAIMHI Nancy Suchman, PO Box 473 Glenside 5065 or scan and email to [aaimhi@gmail.com](mailto:aaimhi@gmail.com)

**No registrations will be confirmed until this form and payment are received.**

- I **do not** want my name to be placed on the AAIMHI email list

CANCELLATION & REFUNDS: Up to 2 weeks in advance- 80% refund. Less than 2 weeks – 20% refund