

## Infant Mental Health Advanced Training Melbourne: IMHAT

### *mindful* & the Royal Children's Hospital Melbourne

The **Infant Mental Health Advanced Training, Melbourne**, aims to provide a comprehensive understanding of the emotional and social development of the infant and family and the clinical skills necessary for working with expectant parents, babies, toddlers, infant–parent dyads and families.

*The focus of the **Infant MH Course** is primarily on the baby and the infant/parent relationship. We provide an interdisciplinary training in skilled assessment and intervention with families, which can greatly assist the capacity of parents to facilitate their child's development.*

The **Infant Mental Health Advanced Training** builds upon the former University of Melbourne *Graduate Diploma and Masters courses in Infant and Parent Mental Health* (est 1996) and was developed out of the clinical, teaching and research work of the Infant Mental Health Group at the Royal Children's Hospital Melbourne and other infant mental health programs in Australia and world-wide. The course draws broadly on the disciplines of psychiatry, developmental psychology, attachment theory, social theory and psychoanalysis for the theoretical basis to provide sound theoretical, practical and observational foundations for working with infant and families experiencing mental health problems.

The Infant MH Course is taught at the Health Education Learning Precinct located at the Royal Children's Hospital Academic Centre. It is delivered as a part-time course with on-campus teaching one afternoon per week over two twelve-week semesters each year. **Distance students** attend using video conferencing facilities and obtain reading material supported by an ePortal.

The Infant Stream is coordinated by Associate Prof Campbell Paul and subject coordinators are Associate Professors Brigid Jordan and Frances Thomson Salo. Additional teaching faculty are drawn from the staff of the Infant Mental Health Group, Royal Children's Hospital, and other clinical infant and parent mental health programs.

### **Infant Course Stream Structure (Part I)**

**Wednesdays 1.00 to 5.00pm : Two 12 week semesters commencing March 2017**

***Term 1: Subject 1: The Infant-Parent Relationship***

*Subject 2: Clinical Problems in Infancy*

***Term 2: subject 3: The Infant in Social Context***

*Subject 4: Observing and Assessing Infants*

### **APPLICATIONS and other course enquiries:**

**Course Coordinator** : Assoc Prof Campbell Paul

Phone: 03 9345 5502; Fax: 03 9345 6002 Mobile: 0421 700 905

E-mail: [campbell.paul@rch.org.au](mailto:campbell.paul@rch.org.au)

**Course Administrator:** Anna Booth: [anna.booth@unimelb.edu.au](mailto:anna.booth@unimelb.edu.au)