



Australian Association for  
Infant Mental Health Inc.

## AAIMHI NSW Branch

### Neonatal Behavioural Assessment Scale NBAS Training – May 2019

**Date:** May 4<sup>th</sup> and 5<sup>th</sup>, Saturday 10-4 and Sunday 9-3

**Venue:** Wesley Hospital, 91 Milton Rd Ashfield, Education Centre, Seminar Rm 3

**Training cost:** \$550 in total: \$110 payable as a deposit, to secure your place **now**, \$110 payable on the **first day** of the training (4<sup>th</sup> May) and \$330 payable when you have your **final assessment** (this will be organised when you have performed at least 20 practice assessments on live babies).

The amount is to be paid to AAIMHI NSW Account: Westpac 032-040 Acc 250609. Use NBAS and your last name to identify the payment, please, eg “NBAS Smith”

#### Requirements:

1. You can buy the training manual, around US\$50.00 + postage, from Amazon. Com (this comes to around AU\$83.00)

*The Neonatal Behavioural Assessment Scale Manual, 4th Ed., 2011 (Hardcover). Completely revised in 2011, the manual describes the Scale, its development, administration and scoring, research and clinical uses.*

**OR**

You can buy it now for AU\$70.00 + postage. 4 copies still available.

**AND**

A “soft-copy” of the shorter Handbook, is available by email for \$16.50. This can be sent to you as soon as payment is received.

Contact me, Martha Birch, at [info-nsw@aaimhi.org](mailto:info-nsw@aaimhi.org)

Try to get the just the manual, or the Handbook as well, as soon as possible, as it is essential to read thoroughly before the training weekend, to have a rough understanding of the process and lots of questions.

2. You will need to purchase a life-size baby doll to practice on (see below). It should have a floppy body and limbs, to be more realistic, and the plastic parts should be as soft as possible, also for realism. You will need this for the weekend in April. You can find realistic silicone 22” dolls on eBay for around \$75

3. From the manual, you will see that you need some accessories to do the assessment. You can purchase these from any source but the full kits are available from the Brazelton Institute and can be ordered online. I may be ordering more this year and collecting them in June for the October training.

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Affiliated with the



WORLD ASSOCIATION FOR  
INFANT MENTAL HEALTH

Any payment made to book your place for this training will be fully refundable up to one week prior to the training. Morning and afternoon tea are provided on both days, but please bring your own lunch and reusable coffee/tea mugs.

## Weekend Program

### Saturday 4<sup>th</sup>

- 10am Arrival, welcome, introductions and questions, morning tea break
- 11-11.30: 1st Mother and baby arrive
- 11.30 or 12ish: Demonstration of the NBAS - this will be videoed for revision
- 12.30 -1.30: Lunch and discussion
- 1.30 - 4.00: Practice on your own "baby", ask questions, watch video of Dr T Berry Brazelton doing an assessment, discussion.

### Sunday 5<sup>th</sup>

- 9am Arrival, questions and discussion, morning tea break
- 11-11.30: 2nd Mother and baby arrive
- 11.30 or 12ish: Demonstration of the NBAS - this will be videoed for revision
- 12.30-1.30: Lunch and discussion
- 1.30 - 3.00: Practice on your own "baby", ask questions, watch video of Dr Ken Nugent doing an assessment, more questions and discussion

The day will be a little flexible, as we need to ensure the baby is settled prior to the assessment. You will have plenty of opportunity to ask questions and discuss any worries or issues. The video link of the two live assessments will be sent to you all for revision and to help you once the weekend is over. This is not to be used other than for your own education.

Please contact AAIMHI NSW with your name, address, phone number and preferred email address, if you wish to register for this event - [info-nsw@aaimhi.org](mailto:info-nsw@aaimhi.org)

<http://www.aaimhi.org/branches/nsw/nsw-seminars-and-training/>

A suitable silicone 22" doll

