



THE ROYAL CHILDREN'S HOSPITAL,  
MELBOURNE

INFANT MENTAL HEALTH

PRESENTS

DR DIANE A. PHILIPP



This workshop is  
for Mental  
Health Clinicians  
working with 0-6  
population.

Date: 7 & 8  
December

Time: 9am-5pm daily

Cost: \$560 per person

A reduced rate is available for  
teams of three or more  
clinicians from the one  
organisation. Please contact  
for further details.

Location:

Royal Children's  
Hospital, Melbourne

50 Flemington Road  
Parkville Vic 3052

## Reflective Family Play

### **A Whole-Family Treatment Model for Infants and Younger Children.**

Reflective Family Play (RFP) is a family-based intervention developed to fill a gap in services and more beyond dyadic treatments (Philipp, 2012; Philipp & Hayos, 2015). This model brings both parents and any siblings into the treatment setting to participate in a play-based family wide intervention. Viewing the young family as an emergent system, the hope is to bring about change during this critical period by providing a venue and containment for family play, observation and reflection.

#### **Some of the benefits of Reflective Family Play:**

- Increase cooperative co-parenting by providing an experiential space for parents to work together
- Increase reflective capacity in parents and facilitate attunement to their child or children
- Decrease children's presenting issues by focusing on family dynamics "in the moment"

#### **From this workshop, participants will be able to:**

- Develop a foundation in the theories informing Reflective Family Play
- Learn about the Reflective Family Play model and its techniques
- Identify which clients might be suitable for this approach
- Begin implementing this approach with clients

Reflective Family Play is a manualized treatment approach for the infant and preschool population. It borrows techniques from well-established dyadic treatments grounded in attachment theory and mentalization-based intervention, but it also incorporates elements of structural family therapy. Didactic materials and recorded vignettes of sessions will be used to illustrate concepts, and basic skills in assessment of families for RFP will be presented. Adaptations for diverse families will be briefly covered as well, including single parents with two or more children.

Dr. Philipp is an Assistant Professor of Psychiatry at the University of Toronto Medical School, and is on faculty at the Hincks-Dellcrest Centre. She received her MD from McMaster University and did her residency training in psychiatry at Harvard University Medical School. She has written several articles on the clinical assessment and treatment of young families and in collaboration with Dr. Elisabeth Fivaz-Depeursinge, has a new book entitled, "The baby and the couple: Understanding and Treating Young families" (Routledge Press; 2014).

## Enquiries

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## Registration

### Enquiries

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## RSVP

14/11/2016 (places are  
limited)