



Attending to Attachment in Early Care: The COS Classroom Approach

Sponsored by: AAIMH

Presented by: Deidre Quinlan | COS Classroom Approach Co-Developer

Because babies are hard wired to be social creatures, it is literally unbearable for a human being to not feel, in some way, connected to others. We all learn behavior strategies to help us feel a connection with others, and to protect ourselves from isolation. In this presentation, participants will explore early relational health, and the long-term implications, through the lens of the Circle of Security®.

We'll consider how behaviors feel from the inside, not just how they look from the outside, so that we can better understand how our own feelings and behaviors impact our relationships with children, and how children depend on relationships with caring adults to grow and develop. In particular, we will consider the importance of first relationships in group care settings and how the COS Classroom Approach is making a difference.

Learning Objectives of the Training

- *Learn how the COS Classroom Approach leads to carers with a more confident presence and children who are more cooperative and compliant*
- *Discover ways to enhance the development of a child's self-esteem and self-regulation*
- *Gain insight into problematic child behaviors that may be better understood as struggles with attachment needs*
- *Identify support strategies to enhance a child's ability to successfully manage emotions*

Who Should Attend?

- Those who are interested in learning how the COS Classroom Approach honors the deep desire of young children to have a secure relationship with a caring adult.
- Professionals who are interested in learning how this approach can make a difference in early care settings

Location: Next Gen
Memorial Drive North
Adelaide

Seating is Limited

Cost:
\$200 AAIMH members
\$240 Non AAIMH
members

Date

Monday 6th March 2023

Time:

8:30 am - registration 9:00
am - 4:30 pm break for
lunch

Questions re training:

monte@ace.net.au

Registration:

<https://www.dramatix.com.au/events/2240>

Direct Bank Transfer

BSB 105 148

Acc No 020 405 040 Reference **Event F7**
with your **Name**

Questions re registrations:

aaimhi@gmail.com