



AAIMH

# AUSTRALIAN ASSOCIATION FOR INFANT MENTAL HEALTH NATIONAL CONFERENCE

Western Australia Event



## Tickets

\$15 Members

\$20 Non members

\$10 Students

To register:

<https://www.eventbrite.com.au/e/aai-mh-wa-choosing-infant-mental-health-wellness-to-grow-the-new-world-tickets-444520391457>

## Choosing Infant Mental Health Wellness to Grow the New World

Saturday 19th November 2022, 9am to 11am

Herdsmen Lake Discovery Centre  
Cnr Flynn and Selby St, Wembley

We hope you will join us for morning tea or online via Zoom.

Australian Association for Infant Mental Health

44 Fullarton Road Norwood SA 5067 Australia | ABN 88 625 753 522 | ACN 625 753 522

Affiliated with the



WORLD ASSOCIATION FOR  
INFANT MENTAL HEALTH

## Keynote Speaker

**Matthew Melmed, Executive Director, Zero to Three**

**Title: Think Babies, Think Hope**

Abstract: ZERO TO THREE is a U.S. private, non-profit organization with global reach whose mission is to ensure that all babies and toddlers have a strong start in life. In this keynote, Matthew will inspire hopefulness by sharing successful efforts advancing infant and early childhood mental health (IECMH) through a public health lens of promotion, prevention, and intervention that centers racial equity, diversity, and inclusion. Mr. Melmed will make the case for the power of investing in early childhood, highlighting programs that promote IECMH through advocacy and awareness and through integration of developmental guidance and assessment in pediatric primary care. He will speak to the importance of messaging and framing in building public will and awareness to support infant and young child wellbeing. Evidence will also be shared from successful efforts supporting children in the child welfare system who are at risk due to exposure to abuse or neglect. Mr. Melmed will speak to the adoption of DC:0-5 worldwide, recognizing the importance of developmentally appropriate and early diagnosis for access to high-quality, equitable treatment for infants around the world. Moving testimonials will be shared to capture the voices of families and providers, and to share hope for a new world.

## Local Presenters

### Professor Helen Milroy

Professor Helen Milroy is a consultant psychiatrist with many years experience working in child and adolescent psychiatry, specifically in research on trauma, and an expert in Aboriginal mental health provision. She is the director of the Centre for Aboriginal Medical and Dental Health at the University of Western Australia and an Honorary Research Fellow at Telethon Kids Institute.

Her work and research interests include holistic medicine, child mental health, recovery from trauma and grief, application of indigenous knowledge, Aboriginal health and mental health, and developing and supporting the Aboriginal medical workforce. Professor Milroy has been on state and national mental health advisory committees and boards with a focus on the wellbeing of children. She is currently a commissioner with the National Mental Health Commission and has also recently been appointed as the AFL's first Indigenous commissioner.

Professor Milroy is the WA 2021 Australian of the Year and was joint winner of the 2020 Australian Mental Health Prize.



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