



## ***MENTALIZATION BASED TREATMENT BASIC TRAINING***

### ***3 day training workshop***

**DATE:** Thursday 4<sup>th</sup> July – Saturday 6<sup>th</sup> July 2024  
**TIME:** 9.00am – 5.00 pm  
**VENUE:** Next Generation, Memorial Drive, North Adelaide

#### **WHO IS THIS COURSE SUITABLE FOR?**

This training is ideal for mental health and allied professionals interested in personality disorder treatment.

#### **COURSE OVERVIEW:**

Participants in this three day training will learn both the theory and science behind MBT and learn the necessary skills to implement MBT interventions in their clinical practice. The course covers:

- Assessment of mentalizing
- Developing a mentalizing formulation
- Relating mentalizing problems to the clinical presentation
- Interventions aimed at stimulating mentalizing
- How to respond to the non-mentalizing modes to recover mentalizing.

Participants will have an opportunity to discuss and role play a range of common clinical situations. This highly interactive training is the first step required towards becoming an accredited MBT practitioner

#### **THE TRAINERS**



**Celeste Benetti** is a Clinical Psychologist in Melbourne, Australia. She is an accredited MBT Practitioner, Supervisor, and Trainer. She has supervised and coordinated Public Area Mental Health Service MBT Programs in Australia and internationally. Celeste has worked with young people and adults with complex trauma and Borderline Personality Disorder and their families for over 15 years. She is the Discipline Senior for Psychology for Peninsula Health's Mental health and Wellbeing Services, supporting psychologists and delivering of therapeutic interventions across all ages and across inpatient, community and emergency settings.

In 2019 Celeste implemented the MBT Families and Carers Training and Support Programme (MBT-FACTS) through Alfred CYMHS as a delayed treatment Randomized Control Trial, and has presented qualitative research outcomes from the perspectives of young people at conferences. Additionally she works in private practice with adults, adolescents, parents, and families and provides MBT individual and group supervision. Celeste has experience in supervising clinicians who work in a range of settings including private practice, public area mental health services in Australia and internationally, private inpatient settings, and forensic treatment settings.



**Dr. Michael Daubney** is a Child, Adolescent and Adult Psychiatrist with clinical interests in psychotherapy, trauma, infant mental health and adolescent inpatient and outpatient treatment. Currently, he is the Medical Director of Specialist Teams CYMHS, Children's Health Queensland Hospital and Health Service and State-wide Medical Director of the Assertive Mobile Youth Outreach Teams (AMYOS). AMYOS is an outreach service targeting the high risk and hard to reach adolescents and their families. He is the chair of the Case History Subcommittee (RANZCP), current Qld Director of Advanced Training Psychotherapy (RANZCP), chair of the Committee for Evidence

Based Practice (RANZCP) and immediate past chair of the binational Committee, Faculty of Psychotherapy (RANZCP). He is an accredited Anna Freud Centre Mentalization Based Therapy supervisor and trainer (MBT Adult, MBT Adolescent, MBT Family and AMBIT) and an experienced supervisor. He is a past Queensland President of the Australian Association of Infant Mental Health (AAIMH) and a past member of the AAIMH National Committee. He has experience in public and private Psychiatry

Australian Association for Infant Mental Health

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Affiliated with the



WORLD ASSOCIATION FOR  
INFANT MENTAL HEALTH

## TAX INVOICE/RECEIPT

ABN: 88 625 753 522

Please fill out ONE registration PER PERSON attending (please print)

Name

Title First name Surname

Organisation

Address

Suburb

State

Postcode

Telephone

Email

## REGISTRATION FEES

Non AAIMH Member	
Early Bird Paid by Sunday 9 <sup>th</sup> June 2024	\$1400 (inc \$127.27 GST)
Full Registration From Monday 10 <sup>th</sup> June 2024	\$1540 (inc \$140 GST)

AAIMH Member	
Early Bird Paid by Sunday 9 <sup>th</sup> June 2024	\$1210 (inc \$110.00 GST)
Full Registration From Monday 10 <sup>th</sup> June 2024	\$1340 (Inc \$121.82 GST)

### REGISTRATIONS FOR WORKSHOP CLOSE TUESDAY 26<sup>th</sup> JUNE 2024

Enquiries re Registration : Thomas Luke: [satraining@aaimh.org.au](mailto:satraining@aaimh.org.au)

Enquiries re Training and case presentation: Sally Watson 0411 377 347 or [sapresident@aaimh.org.au](mailto:sapresident@aaimh.org.au)

Pay online at <https://www.dramatix.com.au/events/2279>

Bank Transfer BSB 105 148 Acc No 020 405 040 Reference Number F19 and your Name

Ensure that once paid via dramatix or bank transfer that a copy of this form is emailed to [satraining@aaimh.org.au](mailto:satraining@aaimh.org.au)

**No registrations will be finalised until registration form and payment are received.**

**Numbers are strictly limited to 35.**

Cancellations within 14 days of training will incur a 20% Administrative fee, however, transferring the registration to another person in organization will incur no fee.

To become an AAIMH member go to <https://www.aaimh.org.au>