



PARENTAL INSIGHTFULNESS AND ITS IMPORTANCE FOR HEALTHY DEVELOPMENT: RESEARCH EVIDENCE AND CLINICAL IMPLICATIONS

About the Seminar

Parental insightfulness, a measure of parental mentalization with regard to the child's inner world, is considered to provide the foundation for sensitive and emotionally regulating parenting. In this presentation Professor Oppenheim will review what we mean by insightfulness and describe its assessment using a video-replay interview. A review of studies that demonstrate its importance for secure attachment will be presented. Presentation of a number of studies examining Insightfulness will be presented including with fathers, parents of Autistic children and cross culturally. Throughout the talk there will be opportunities for the audience to share their reflections regarding the meaning of insightfulness research for their work with parents and children.

About the Presenter



David Oppenheim, PhD is Professor of Psychology and Vice Chair of the School for Psychological Sciences at the University of Haifa, Israel. He also heads the Centre for the Study of Child Development in that University. Dr. Oppenheim studies parental insightfulness and parent-child interactions and their impact on children's socioemotional development including attachment. His work stresses the importance of including fathers in addition to mothers, and examining triadic, mother-father-child interactions in addition to dyadic, parent-child interactions. He conducts longitudinal studies of neurotypical children, children with atypical development such as Autism and Intellectual Disability, and children at high risk such as those in foster care and those whose parents experienced trauma.

DATE: Thursday 15th May 2025
TIME: 2.30pm - 5.30pm
VENUE: Next Generation, Memorial Drive, North Adelaide

TAX INVOICE/RECEIPT

ABN: 88 625 753 522

Please fill out ONE registration PER PERSON attending (please print)

Name

Title First name Surname

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Special Dietary Requirements: _____

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Numbers strictly limited to 40 people

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Enquiries re Registration: Thomas Luke: satraining@aaimh.org.au

Enquiries re Seminar Sally Watson 0411 377 347 or sapresident@aaimh.org.au

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