



STRENGTHENING RELATIONSHIPS IN INFANT DEVELOPMENT

ABOUT THE SEMINAR

This day focuses on the transformative power of relationships in early childhood development. The presentation will be led by Vicky Gilroy, who is the Director of Innovation and Research at the Institute of Health Visiting (iHV) in the UK. In this seminar Vicky will explore how the UK Health Visitors are being trained to work on, in and within relationships, placing relational health at the heart of service delivery. She will talk about how the modified Alarm Distress Baby Scale (m-ADBB) and ADDB is used in clinical settings to build workforce capacity, enhanced job satisfaction, and improve infant mental health outcomes. Vicky will also talk about inclusive practices that recognise and support fathers as vital caregivers. The overall presentation highlights how real world clinical experience and research evidence shapes service innovation and policy reform. We will also hear from her team Dr Sharin Baldwin, iHV research Lead and Hilda Beauchamp, PIMH Lead, via a prerecorded video.

Dr Patricia O'Rourke, PhD who developed the Maternal Looking Guide (MLG) will also contribute to the conversation talking about how the Maternal Looking Guide contributes to the promotion of early relational health.

The day will be primarily interactive with some teaching and opportunities for networking. It will be of interest working for anyone working in the early relational health space including leaders and managers of services involved in early intervention with infants and their families.



THE PRESENTER

Vicky Gilroy brings deep expertise in workforce development, relational practice, and evidence-based service transformation. Vicki has a 40-year career in healthcare holding a variety of strategic posts in public health, community and higher education settings. She is currently working with the iHV leading a wide portfolio of projects in training and collaborative research to enhance health visiting practice. Extensive practical and theoretical expertise in change management and leadership. Expertise in the

development and delivery of training and education to support CPD of health visitors and the wider workforce.

DATE: Wednesday 10th December 2025
TIME: 9.00am - 4.30pm
VENUE: The Terrace Hotel, 208-226 South Terrace Adelaide,

Australian Association for Infant Mental Health

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INFANT MENTAL HEALTH

REGISTRATION FEES
ABN: 88 625 753 522

REGISTRATIONS CLOSE Wednesday 3rd December 2025
Numbers strictly limited to 30 people

NON AAIMH MEMBER		AAIMH MEMBER	
☐ Early Bird Up to 25 th November 2025	\$240 (inc \$21.82 GST)	☐ Early Bird Up to 25 th November 2025	\$170 (inc \$15.45 GST)
☐ Full Registration From 26 th November 2025	\$275 (inc \$25.00 GST)	☐ Full Registration From 26 th November 2025	\$200 (inc \$18.18 GST)

Enquiries re Registration: Thomas Luke: satraining@aaimh.org.au
Enquiries re Training: Sally Watson: satrainingcoordinator@aaimh.org.au

To become an AAIMH member go to <https://www.aaimh.org.au>

PAYMENT OPTIONS

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CANCELLATION & REFUNDS: Up to 2 weeks in advance- 80% refund. Less than 2 weeks in advance – 40% refund