



STRENGTHENING RELATIONSHIPS IN INFANT DEVELOPMENT

ABOUT THE SEMINAR

This day focuses on the transformative power of relationships in early childhood development. The presentation will be led by **Vicky Gilroy**, Director of Innovation and Research for the UK Institute of Health Visiting (iHV). In this seminar, Vicky and her team will discuss how UK Health Visitors are being trained to work on, in, and within relationships, placing relational health visitors at the heart of service delivery. Beginning with a pre-recorded video from **Hilda Beauchamp**, iHV PIMH Lead, the session will share the iHV evaluation of a Perinatal and Infant Mental Health training programme and consider lessons learnt. Present learning from two research studies that consider the implementation of the modified Alarm Distress Baby Scale (m-ADBB) and ADDBB in UK health visitor practice, as well as introduce the importance of fathers as vital caregivers, exploring current practice to support fathers. **Dr Sharin Baldwin**, iHV, will share the groundbreaking film *Invisible*, which aims to raise awareness of fathers' mental health, along with her insights into their experiences via a pre-recorded video. Their overall presentation highlights how real-world clinical experience and research evidence shape service innovation and policy reform.

Dr Patricia O'Rourke, PhD, developer of the Maternal Looking Guide, will contribute to the discussion by offering valuable insights into how the Maternal Looking Guide also supports the promotion of early relational health.

The day will be primarily interactive with some teaching, and opportunities for networking. It will be of interest for anyone working in the early relational health space, including leaders and managers of services involved in early intervention with infants and their families.

THE PRESENTER



Vicky Gilroy brings deep expertise in workforce development, relational practice, and evidence-based service transformation. She has a 40-year career in healthcare, holding a variety of strategic posts in public health, community and higher education settings. Vicky currently works with the iHV, leading a wide portfolio of projects in training and collaborative research to enhance health visiting practice. She has extensive practical and theoretical expertise in change management and leadership, including the development and delivery of training and education to support CPD of health visitors and the wider workforce.

DATE: Wednesday 10th December 2025
TIME: 9.00am - 4.30pm
VENUE: The Terrace Hotel, 208-226 South Terrace, Adelaide

Australian Association for Infant Mental Health

PO Box 473, Glenside SA 5065, Australia | ABN 88 625 753 522 | ACN 625 753 522 info@aaimh.org.au

Affiliated with the



WORLD ASSOCIATION FOR
INFANT MENTAL HEALTH

REGISTRATION FEES
ABN: 88 625 753 522

REGISTRATIONS CLOSE Wednesday 3rd December 2025
Numbers strictly limited to 30 people

NON AAIMH MEMBER		AAIMH MEMBER	
☐ Early Bird Up to 25 th November 2025	\$240 (inc \$21.82 GST)	☐ Early Bird Up to 25 th November 2025	\$170 (inc \$15.45 GST)
☐ Full Registration From 26 th November 2025	\$275 (inc \$25.00 GST)	☐ Full Registration From 26 th November 2025	\$200 (inc \$18.18 GST)

Enquiries re Registration: Thomas Luke: satraining@aaimh.org.au
Enquiries re Training: Sally Watson: satrainingcoordinator@aaimh.org.au

To become an AAIMH member go to <https://www.aaimh.org.au>

PAYMENT OPTIONS

Pay online at <https://www.dramatix.com.au/events/2357>

PLEASE CLICK ON THIS LINK TO REGISTER ONCE YOU HAVE PAID

<https://forms.gle/zKZUzmaLVxjC65U58>

CANCELLATION & REFUNDS: Up to 2 weeks in advance- 80% refund. Less than 2 weeks in advance – 40% refund