

TWO WORKSHOPS WITH TOMMIE FORSLUND

Adelaide Pavilion, Veale Gardens
corner South Terrace & Peacock Road, Adelaide

27–28 July 2026 • 9.00 am – 4.30 pm

Workshop 1: Attachment – Contemporary Research Evidence & Application Across Professional Settings

Workshop 2: Supporting Neurodiverse Parents and Their Young Children: Research, Context, & Evidence-Informed Practice

Workshop 1 • Monday 27 July 2026

Time: 9.00 am – 4.30 pm

About the workshop

Attachment theory has become highly influential across infant mental health, child protection, health care, education, and family services. At the same time, attachment concepts are often simplified or used in ways that are not fully consistent with contemporary research evidence. This workshop will provide an updated overview of attachment theory and research, with a particular focus on how attachment knowledge can be used responsibly and constructively in applied settings. Drawing on current attachment research, evidence-based attachment interventions, and work on attachment theory in legal and welfare contexts, the workshop will examine how attachment-informed perspectives can support infants, young children, parents, foster carers, and families, while avoiding overinterpretation or unsupported claims.

Workshop 2 • Tuesday 28 July 2026

Time: 9.00 am – 4.30 pm

About the workshop

Neurodiverse parents, including parents with intellectual disability, ADHD, and autistic parents, are often overrepresented in child welfare and support systems, yet professional understanding remains limited. This workshop will present contemporary research concerning caregiving, child development, contextual adversity, and parenting support in families headed by neurodiverse parents. Drawing on longitudinal studies, observational research, interview studies, systematic reviews, and intervention research, the workshop will examine both strengths and vulnerabilities within these families. Particular attention will be given to caregiving behaviour (e.g. parental sensitivity and mentalizing), child development (e.g., attachment security, socio-emotional development) and the substantial heterogeneity among both parents and children. The workshop will also focus on the central role of contextual factors that influence caregiving and child development, including poverty, social isolation, and parental exposure to maltreatment and abuse, highlighting the importance of holistic models that move beyond parents' cognitive functioning alone. The workshop will further discuss evidence-informed parenting support and the importance of accessible, relationship-focused services for neurodiverse families. Throughout the day, the workshop will emphasize how professionals can support neurodiverse parents and their children through approaches that are evidence-informed, trauma-aware, and sensitive to families' broader social contexts.

About the Presenter



Tommie Forslund, PhD, is a psychologist and Associate Professor in the Department of Social Work at Uppsala University. His research focuses on attachment theory, early caregiving relationships, children's socioemotional development, and the application of attachment research and assessments in professional practice, particularly within social work and child welfare contexts. Dr Forslund has published empirical studies on attachment quality and children's development, professionals' understanding and use of attachment theory, and the use of attachment theory in court documentation. He also contributes actively to knowledge dissemination, including organising the international consensus

statement regarding the use of attachment theory in child protection and custody proceedings, titled *Attachment Goes to Court*. He is a certified coder of attachment patterns using both the Strange Situation Procedure (SSP) and the Separation Anxiety Test (SAT), and has taught attachment coding and assessment in professional training settings. He has also published two books: *Attachment Theory and Research: A Reader* and *The Psychology of Attachment*.

REGISTER NOW TO SECURE YOUR PLACE

Registrations close Friday 17 July 2026

Early bird rates close Tuesday 30 June 2026

How to Register

1. Choose your workshop option from the pricing table overleaf.
2. Pay online using the relevant workshop link or pay by bank transfer with your name and event reference number.
3. After payment, finalise your booking by completing the registration form at the following link: <https://forms.gle/qgJWwcBNSXWRAdPs5>

Australian Association for Infant Mental Health

ABN 88 625 753 522 | ACN 625 753 522 satraining@aaimh.org.au

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WORLD ASSOCIATION FOR
INFANT MENTAL HEALTH

REGISTRATION & TAX INVOICE / RECEIPT

ABN: 88 625 753 522

Option	AAIMHI Member	Non-AAIMHI Member	Reference
Workshop 1 – Attachment Early bird (paid by 30 June 2026)	\$245 (including \$22.27 GST)	\$305 (including \$27.73 GST)	F29
Workshop 1 – Attachment Standard rate (from 1 July 2026)	\$295 (including \$26.82 GST)	\$390 (including \$35.45 GST)	F29
Workshop 2 – Neurodiverse Parents Early bird	\$245 (including \$22.27 GST)	\$305 (including \$27.73 GST)	F30
Workshop 2 – Neurodiverse Parents Standard rate (\$295 (including \$26.82 GST)	\$390 (including \$35.45 GST)	F30
Both workshops Early bird) Save \$40	\$450 (including \$40.91 GST)	\$570 (including \$51.82 GST)	F2930
Both workshops Standard rate Save \$50	\$540 (including \$49.09 GST)	\$730 (including \$66.36 GST)	F2930

Discount for both days only applies if tickets purchased at same time using both days link

Enquiries re training: Sally Watson satrainingcoordinator@aaimh.org.au

Enquiries re payment and/or registration Thomas Luke – satraining@aaimh.org.au

Choose your workshop option, complete payment, and submit your registration to confirm your attendance.

Payment Options

Bank transfer: BSB 105 148, Account No. 020 405 040.

Please include the relevant reference number from the pricing table and your name.

Workshop 1 Attachment

Pay online at <https://www.dramatix.com.au/events/2389>

Workshop 2 Neurodivergent Parents

Pay online at <https://www.dramatix.com.au/events/2390>

Both days

Pay online at <https://www.dramatix.com.au/events/2391>

The discount only applies if tickets are purchased on the Both Days link If tickets bought separately discount does not apply

After payment, please complete your registration using the link above.

Your place is confirmed only once payment has been received.

To become an AAIMH member go to <https://www.aaimh.org.au>

CANCELLATION & REFUNDS: Up to 2 weeks in advance- 80% refund. Less than 2 weeks in advance – 40% refund

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