



Circle of Security
INTERNATIONAL
Building Attachment Around the World



COSP™ FACILITATOR TRAINING Adelaide, SA

Hosted by: Australian Association for Infant Mental Health

Presented by: Deidre Quinlan* - Circle of Security International Trainer

Dates: 24-27 March 2026 (Tuesday - Friday)

Circle of Security Parenting is a manualized attachment-based program used internationally with parents and other caregivers of children under 6. This four-day training seminar leads to endorsement and is designed to help professionals understand both the theory and research underlying our video-based parenting reflection program and how to deliver the COSP program effectively. COSP is based on decades of attachment research and offers an accessible step-by-step intervention process designed for group intervention but also used in home visitation and for individual or couples counseling.

Learn more on our website: CircleOfSecurityInternational.com

Location:

Adelaide Pavillion
cnr South Terrace & Peacock Rd.
Adelaide, SA 5000

Who Should Attend?

Mental Health Providers (Psychology, Social Work, Marriage and Family Therapists, etc), Family Home Visitors, Family Support Workers (Parenting Education, Outreach Workers, Foster Care Support, etc), Healthcare Providers, Early Care Professionals

Cost:

Early Bird Pricing: \$1,000 USD

Standard Pricing: \$1,200 USD (starts 22 February 2026)

For further details including cancellation and transfer policies please see our website.

Attendees who complete the training will receive: COSP video content, COSP Training Manual, Parent Handouts, Access to online resources, License to use the above materials to implement the COSP program with caregivers.

COSI is accredited by the International Accreditors for Continuing Education and Training (IACET) and offers 2.4 IACET CEUs (24 contact hours), for this course.

Learning Objectives of the Training:

- Identify the fundamentals of attachment theory and key concepts of the Circle of Security approach.
- Identify the features of a safe learning environment for caregivers.
- Identify the ways in which a Facilitator can teach caregivers to use quality of relationship enhancement rather than behavior management.
- Identify steps the Facilitator can take to build self-reflection in caregivers.
- Explain how to facilitate the COSP model using video examples of parent-child relationships, the COSP Facilitator Manual, and Handouts.

Additional Learning

The COSP Facilitator training is also the pre-requisite for the following trainings and endorsements:

- COSP Classroom Facilitator Course (Tier 1)
- COSC Classroom Coach Training (Tier 2)
- The COS Intensive Training Pathway

For additional information please visit our website.

*Deidre Quinlan has a proprietary interest in this training and the materials.

To Register:

If you would like to attend this training, please go to circleofsecurityinternational.com. Find the "Register" tab in the black bar at the top and click on "COSP Facilitator Training"