

“engaging infants”: An introduction to training in Infant Mental Health

2-day intensive online training

Date: 18th and 19th March 2024

Duration: 9.00 am – 5.00 pm daily



The Infant Mental Health Program at the Royal Children's Hospital is offering a two-day introduction to training in Infant Mental Health

Teaching faculty lead by Associate Professor Campbell Paul & Dr Megan Chapman, and draws on multidisciplinary team of expert Infant Mental Health clinicians.

The training aims to introduce clinicians to:

- The theoretical and practical foundations of infant mental health.
- Observing, engaging and assessing infants.
- Understanding common presenting problems in infancy.
- Case formulation and approaches in intervention.

The training is designed for the following clinicians:

- Clinicians in health and other sectors (Paediatricians, GPs, Social Workers, Nurses, Midwives, Speech Pathologists, OT's, Physios, MCHNs, Psychologists).
- CAMHS/CYMHS clinicians engaged in infant work.
- Mental Health clinicians, perinatal mental health clinicians, and others engaged in therapeutic work with infants and families.
- Clinicians working with high-risk infants, including clinicians working in family violence and child protection.

Due to its use of clinical illustrations, recordings will not be available after the event.

"engaging infants" will be presented live. There will be opportunities for questions and discussion.

General enquiries

- Email: infant.mhs@rch.org.au

Registration

- Registrations are managed through Eventbrite : <https://www.eventbrite.com.au/e/engaging-infants-an-introduction-to-training-in-infant-mental-health-tickets-748173506097?aff=flyer>
- Invoicing for organisations sending groups of 5 or more is available – contact infant.mhs@rch.org.au

Cancellations:

- Substitute delegates are permitted without incurring a fee. Names must be communicated to the organisers prior to commencement.
- Given present circumstances, cancellation requests based on illness will be facilitated on an individual basis. Please contact the organiser directly.
- Eventbrite fees are non-refundable.

Fee - \$450 A reduced rate (\$285) is available for RCH/MCRI/UoM paeds staff, Victorian CAMHS/CYMHS Mental Health Clinicians, and students.

There are a limited number of funded places available for Victorian CAMHS/CYMHS Mental Health Clinicians – please contact your IMH coordinator for details.

RSVP – 14/3/2024 (places are limited).

- Pre reading material and online link will be emailed the week prior to the training