



# The Australian Association for Infant Mental Health is pleased to announce the National Speaker's Tour 2023

## DR CLAUDIA GOLD

Paediatrician • Infant-Parent Mental Health Specialist • Author • Teacher

### Getting to Know You: Lessons in Early Relational Health from Infants and Caregivers



#### ABOUT THE PRESENTER:

Claudia M. Gold, MD is a pediatrician and writer who practiced general and behavioral pediatrics for over 20 years and now specializes in early childhood mental health. While working on the front lines in a busy rural practice, she “discovered” the world of research and knowledge in the field of infant mental health through her studies with the Berkshire Psychoanalytic Institute in the early 2000's. The experience led to a profound transformation of her clinical work with families. Her most recent book, *The Power of Discord: Why the Ups and downs of Relationships are the Secret to Building Intimacy, Resilience and Trust*, was co-authored with Ed Tronick. <https://vimeo.com/687675141>

Sydney Monday 6th November

Perth Thursday 9th November

Brisbane Saturday 11th November

Melbourne Tuesday 14th November

Darwin Tuesday 14th November  
NT-Reduced cost -Live stream in person

- 9.30am to 4.30pm (local time)
- Registration from 9am

New members  
[Join AAIMH Here](#)

Earlybird Special:  
(By Sept 30)

\$250 AAIMH Members  
\$320 Non-Members

After 30 Sept:

\$300 AAIMH Members  
\$390 Non-Members

Dr Gold's presentation will address core early relational health principles including the repair theory of human development, parental reflective functioning, the healing power of safety, and the ways that relationships change the brain and body. Contemporary developmental science research will be integrated with clinical stories to reveal the power of playing in the uncertainty, both to promote healthy development and to heal from adversity and loss.

**Book Now**

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