



AAIMH NSW Online Seminar:

Trauma-informed therapeutic interventions in infant mental health

AAIMH NSW invites you to join us online for an evening seminar on trauma-informed therapeutic interventions in infant mental health.

GUEST PRESENTER: Dr Fran Chavasse

DATE: Wednesday 3rd May 2023

TIME: 7:00 pm - 8:30 pm AEST

VENUE: Online seminar. Zoom link will be sent prior to the seminar.

COST: AAIMH Members/Students: \$10
Non-members: \$15

Sign in as AAIMH member or [sign up](#) now to register at discounted rate.

ABOUT THE SEMINAR

Early relational and complex trauma usually involves repeated experiences involving fear of a caregiver. While a caregiver may frighten their infant with angry aggressive behaviour, fear can also be instilled by non-abusive behaviours that are involuntary or unconscious and which may even be the product of illness, loss or separation. These repeated frightened or “dissociative” behaviours result in confusing, disorientating, and disorganising effects through infancy and childhood, and are a risk factor for dissociation in adulthood.

When working in an infant mental health space, it is important to understand that caregivers have often experienced their own early relational trauma and later trauma and loss. The caregiver's early relational trauma plays out in the dyadic relationship. This explains the urgency of providing a trauma-informed dyadic therapeutic intervention.

ABOUT THE PRESENTER

Fran has a PhD, a Master's in mental health (Perinatal and Infant), and a Bachelor of Nursing; she is also a registered nurse/ midwife and child and family health nurse. She is the author of two books, the “Tresillian Sleep Book” and the “First Three Months” and several other publications. Fran recently presented at the 2022 Royal Australian and New Zealand College of Psychiatrists and the 2022 Australian and New Zealand Association of Psychotherapy conferences. She is due to present at the World Association of Infant Mental Congress, Dublin, in July 2023.

Fran has her own therapy practice, “Responsive Therapies” and primarily works with children and adults who have, or are currently experiencing, complex trauma. She also offers parent-infant therapy. Fran is a certified reliable Adult Attachment Interview (AAI) coder and a certified reliable Reflective-Functioning scorer.

Fran is currently studying for her master's in Trauma- informed Psychotherapy.

Feel free to share this seminar invitation with colleagues and friends. We are looking forward to seeing you virtually in May.

Email info-nsw@aaimh.org.au for all enquiries.

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